



WCCM (Malaysia)
30th Anniversary Annual Retreat
Stella Maris Retreat Centre, Penang 29 October to 1 November 2023



Led by Fr. Laurence Freeman, OSB

In celebration of the 30th anniversary of WCCM (Malaysia), Fr Laurence Freeman is leading our community's annual silent retreat.

His Theme : The Art of Friendship: Finding Oneself in the Other

Friendship is about coming to know another person in the deepest aspect of their identity. In this sense, friendship is not just getting along, it is communion. When we know someone beyond their superficial identity, we also come to know our own true identity. In this retreat, Laurence Freeman will teach about the communion and oneness of friendship.

The retreat will include input and meditation sessions as well as time for quiet personal reflection.

Dom Laurence Freeman OSB



Laurence Freeman, a Benedictine monk of the congregation of Monte Oliveto, is the Director of the World Community for Christian Meditation (WCCM), a contemplative community with a presence in over a hundred countries. Born in England, he was educated by the Benedictines and studied English Literature at Oxford University. Before entering monastic life, he worked in the fields of banking and journalism and with the United Nations. In the monastery his spiritual teacher was John Main whom he helped found the first Christian Meditation Centre in London. He is committed to the teaching of the practice of meditation and the recovery of the Christian contemplative tradition. The author of many books, articles and recordings, he also travels widely as an international speaker and retreat leader.

Venue Stella Maris Retreat Centre, 515U Jalan Hashim, Tanjung Tokong, Penang

Dates Sunday 29 October (check-in: 4 pm)
Wednesday 1st November (check-out: 2 pm)

Fee (inclusive of full board, all meals and stipend)
single room: RM 610

twin-share: RM 490 per person

(Rooms will be assigned on a first come first serve basis. Please note that the retreat fee is being heavily subsidized because this event is part of the 30th anniversary celebrations of WCCM Malaysia.)

Closing date for registration: 1st October 2023

Fee payment: Payment in favour of **WCCM Malaysia** is to be deposited directly into the WCCM Malaysia MAYBANK account (A/C No: 514187358320). Payment is **non-refundable** except in the event of an emergency. However those who cancel their registration may find replacements.

Registration: If you wish to register for the retreat, please fill in registration form on the following page and email it with copy of bank-in-slip to Mike Yong (email: mikeckyong@yahoo.com; hp: 012- 4217924)

Sponsorship: We try to sponsor in part or full those who are keen to attend the retreat but cannot afford the fee. If you are able to and would like to contribute a small sum towards our sponsorship fund, it would be much appreciated.

For further enquiries contact:

Patricia Por (hp: 012-2338820; wccm.malaysia@gmail.com)

Mike Yong (hp: 012-4217924; mikeckyong@yahoo.com)

REGISTRATION FORM

Name.....

Phone.....

Address.....

Email.....

Religion.....Others.....

Accommodation: single room / twin-share

.....

For twin-share indicate person you would like to share room with if you have a preference:

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Are you a meditator?.....

If you are part of a WCCM meditation group, indicate which group you belong to.....

Special dietary requirements

Date