



Celebrating WCCM Malaysia's 30th Anniversary

15 DAYS 2023 WCCM FRANCE DISCOVERY

Spiritual Director – Rev. Fr. Gerard Theraviam

PARIS * ROUEN * LISIEUX * MONT ST MICHEL * TOURS * BONNEVAUX *
 * ROCAMADOUR * PARAY LE MONIAL * ARS * LA SALETTE * ANNECY



DAY	DATE	DAY	FROM	TO	VIA	OVERNIGHT	TIMING / KM	
1	6-May	SAT	Check-in at Kuala Lumpur International Airport - Main Terminal					
2	7-May	SUN	Kuala Lumpur	Paris	Dubai	Paris	+/- 13 Hours	
3	8-May	MON	Paris	Lisieux	Rouen	Lisieux	236KM	
4	9-May	TUE	Lisieux	Mont St Michel	Caen	Mont St Michel	193KM	
5	10-May	WED	Mont St Michel	Tours		Tours	278KM	
6	11-May	THU	Tours	Bonnevaux	Liguge	Bonnevaux	125KM	
7	12-May	FRI	Bonnevaux	Full day		Bonnevaux	Around Bonnevaux	
8	13-May	SAT	Bonnevaux	Full day		Bonnevaux	Around Bonnevaux	
9	14-May	SUN	Bonnevaux	Rocamadour		Rocamadour	280KM	
10	15-May	MON	Rocamadour	Paray-Le-Monial		Paray-Le-Monial	111KM	
11	16-May	TUE	Paray-Le-Monial	La Salette	Ars	La Salette	311KM	
12	17-May	WED	La Salette	Full day		La Salette	Arround La Salette	
13	18-May	WED	La Salette	Full day		La Salette	Arround La Salette	
14	19-May	THU	La Salette	Geneva - Airport	Anancy	Onboard	322KM + >13Hours	
15	20-May	FRI	Dubai	Kuala Lumpur	Dubai	Arrival Kuala Lumpur International Airport		

DAY01 SATURDAY 6th MAY 2023
KUALA LUMPUR / DUBAI /PARIS (MEALS ON BOARD)

All assemble at the KLIA for check in procedure.

DAY02 SUNDAY 7th MAY 2023
ARRIVAL PARIS (D)

Departs early this morning on EK343 0225/0530 and on transit in Dubai, connecting EK73 0820 /1330. After immigration and customs, we proceed to our first stop - Chapel of Our Lady of the Miraculous Medal Rue du Bac.

St. Catherine Laboure was blessed with the mission to spread the devotion of this miraculous medal when Our Lady appeared to her in July 1830. Many miracles and conversions took place to those who wear this medal with confidence. We will visit the site of apparition and the incorrupt body of St. Catherine.

We then make our way to the shrine of St. Vincent de Paul - the patron saint of charitable societies. A seventeenth century champion of the poor, St Vincent devoted his whole life in serving the poor. We will visit the serene and peaceful countenance of the saint whose body lies in the Chapel of the priest of the congregation of the Mission.

Thereafter, we will proceed for lunch and after that we continue to the summit of Montmartre's hilltop,

lies another great French landmark, the magnificent Sacre-Coeur Basilica. It is unquestionably one of the most beautiful places to visit in Paris to this day with its unique characteristics of Roman-



Byzantine architecture that lie in contrast with all the other 19th century structures in the city. The Sacre-Coeur was built between 1875 and 1914 on the site where the first ever Christian chapel was built in 270 AD. It was built for two reasons, the first being that there was a national vow taken that if Paris made it through the Franco-Prussian war (1870-1871) unscathed, a new church would be built, this was further justified by France believing

that when they were defeated by the Prussian army, they were being morally condemned for their sins which would naturally require forgiveness. The basilica was named the Sacre-Coeur as it means 'sacred heart' which refers to the heart of Jesus. If time permits, we will have a brief orientation of Paris - sightseeing tour [view only] of Paris taking in such iconic sights as the Champs Elysées, the Arc de Triomphe, the Grands Boulevards, the Invalides and the Eiffel Tower.

Overnight: Paris

DAY03 MON 8th MAY 2023

PARIS/ROUEN/ LISIEUX – 236KM (B/L/D)

After breakfast we depart Rouen, 135 km northwest from the centre of Paris. The capital of the northern French region of Normandy, is a port city on the river Seine. Important in the Roman era and Middle Ages, it has Gothic churches, such as Saint-Maclou and Saint-Ouen, and a cobblestoned pedestrian center with medieval half-timbered houses. The city has a population of 110,000 and its metropolitan area includes some 520,000 inhabitants.



The skyline is dominated by the spires of Cathédrale Notre-Dame, much-painted by Impressionist Claude Monet. The first church on this site, from 396 AD, was destroyed and replaced by Normans; the remains of the 1096 Norman church can be seen in the crypt. The current building was completed around 1250, but the façade and other additions were made over the passing centuries. The Tour Lanterne was added in 1876.

The Church of Saint Joan of Arc in the city centre of Rouen was completed in 1979 right in the ancient market square (in French, the Place du Vieux-Marché) in Rouen. This is the place where Joan of Arc was burned at the stake for heresy in 1431.



Thereafter, we travel to Lisieux. Upon arrival, we will stop at Les Buissonnets - St. Therese's family home of St.

Therese whom Pope Pius X called "the greatest saint of modern times. There on display are relics, clothing, and personal objects belonging to the "little flower." Her parents Louis Martin and Marie Zelie Guerin Martin were the first married couple with children to be canonized on 18 Oct 2015. A visit the Basilica of Saint Therese, one of the biggest and most magnificent religious structures built in the 20th-century. Her extraordinary



love for God and service to humanity comes alive as you step inside the great building of God.

Overnight in Lisieux



DAY4 TUE 9th MAY 2023

LISIEUX/MONT ST MICHEL 193KM (B/D)

This morning we make our way to Mont St. Michel, about 193KM. Upon arrival, transfer to local transportation to the island, which about 1KM from the mainland.

A magical island topped by a gravity-defying medieval monastery; the Mont-Saint-Michel counts among France's most stunning sights. For centuries one of Europe's major pilgrimage destinations, this holy island is now a UNESCO World Heritage Site, as is its breath-taking bay.



This staggeringly beautiful location has long captured the imagination. The story of how the mount came to be a great Christian pilgrimage site dates to the early 8th century, when Aubert, bishop of the nearby hilltop town of Avranches, claimed that the Archangel Michael himself had pressured him into having a church built atop the island just out to sea.

From 966 onwards, the dukes of Normandy, followed by the French kings, supported the development of a major Benedictine abbey on Mont-Saint-Michel. Magnificent monastic buildings were added throughout the Middle Ages, one vertiginous wing being nicknamed the Marvel. The Abby of the Mon-Saint – Michel became a renowned centre of learning, attracting some of the greatest minds and manuscript illuminators in Europe. Vast numbers of pilgrims visited, despite endless cross-Channel conflict; in fact, the ramparts at the base of the island were built to keep the English forces out. Other fine buildings line the steep village street, now converted into museums, restaurants, hotels, and shops for today's tourists.

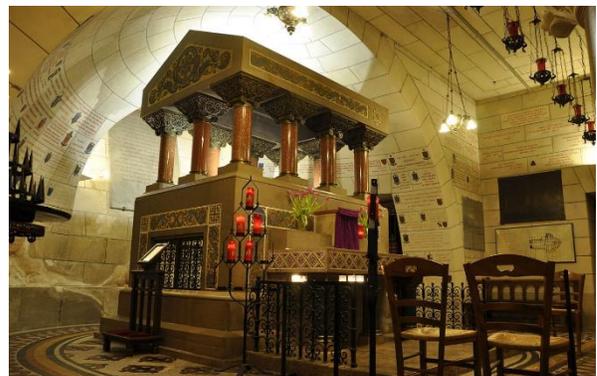
Return to the mainland and overnight –**Mont St Michel or nearby**

DAY5 WED 10th MAY 2023

MONT ST MICHEL/TOURS 278KM (B/L/D)

After breakfast, we head south to Tours situated on the banks of the royal river, in the heart of the Lorie Valley - World Heritage listed by UNESCO. Capital of the kingdom from 1450 to 1550, the city of Gauls, The Turones, has never ceased to grow demographically and economically.

Originally small Gallo-Roman town perched on a hill protected from river floods, the city of Tours will spread more and more to join the Cher (a tributary of the Loire flowing 3 km further south). With its port, the city of Tours will acquire great wealth allowing him to build one of the largest basilicas of the age - The Basilica of St. Martin. It now destroyed, the fact remains today those two traces, the two towers: the Clock in the West, where stood the entrance, and Charlemagne Tower, 100 meters to the east, in the rue des Halles, paver colour symbolize the floor where the pillars that supported the building.



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After lunch, we meet our guide and begin our visit to the Basilica of St Martin of Tours. St Martin the Bishop of Tours, whose shrine in France became a famous stopping-point for pilgrims on the road to Santiago de Compostela in Spain. He has become one of the most familiar and recognizable Christian saints, sometimes venerated as a military saint. Tours is part of the Way of St James (The Frances Way) starting from Paris.

Next stop, Tours Cathedral, - **Cathédrale Saint-Gatien** de Tours, named after the 1st Bishop of Tours. It is the seat of the Archbishops of Tours, the metropolitan cathedral of the Tours ecclesiastical province. It was built between 1170 and 1547. He was one of the **“Seven apostles of Gaul”** commissioned by Pope Fabian to evangelise in the region.

If time permits, we may stroll through the old city, which is very colourful and full of old houses in the unique Tours style and well known for its smiths, where Joan of Arc had her armour made right in the heart of the old town. **Dinner and overnight in Tours.**

DAY6 THU 11th MAY 2023

TOURS/LIGUGE/BONNEVAUX 125KM (B/L/D)

After breakfast, we head southwest to Liguge located on the River Clain and known for its historic monastery – Liguge Abbey.



belongs to the Solesmes Congregation.

A short drive we will arrive in Bonnevaux International Retreat Centre of the World Community for Christian Meditation [WCCM]. It was on the 25th anniversary of its formation, the National Coordinators of WCCM called for a need for an international centre and home to serve the community and to support its future development. With the close collaboration with the WCCM in France, Bonnevaux was the obvious choice. Bonnevaux Centre was an Abbey that was founded in 1119. In the Wars of Religions of the 16th century the abbey suffered severely. In

Ligugé Abbey, formally called the **Abbey of St.**

Martin of is a French Benedictine monastery. Dating to the 4th century, it is the site of one of the earliest monastic foundations in France. The original abbey having been destroyed during the French Revolution., the current monastic community dates from 1853, and



1576 it was looted by the Huguenots and the church was laid waste. And during the French Revolution it was dissolved, looted again, and it was set on fire and finally used as a quarry. Obtained by World Community of Christian Meditation on their 25th Anniversary.

Your accommodation is the conversion of the stables as your retreat centre with accommodation for up to 36 pilgrims. It will be of simple design and environmentally responsible which include ensuite rooms, bookshop, guest sitting room and dining facilities.

Overnight: Bonnevaux Centre X 3 nights

DAY7-8 FRI - SAT 12th & 13th MAY 2023

IN BONNEVAUX (B/L/D)



The beauty and peace of Bonnevaux's 65 hectares (160 acres) reflects the contemplative life lived there from its foundation as a Benedictine monastery in 1119 until the French revolution. The land has over 20 different habitats, some of which are of heritage value. The resident's community see themselves as stewards of this fertile place.

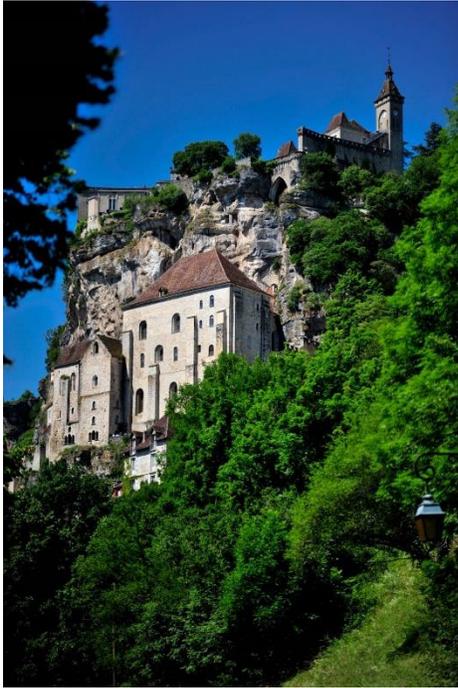
At the retreat, you will understand the benefits of meditation and learn the principles of the peace-building and mutual understanding. Moreover, this program is offering a variety of special activities including yoga and sharing meditation obstacles and experiences. The teaching will give advice and solutions to obstacles and provided techniques to allow you to progress and improve in your own meditation and as a group.

DAY9 SUN 14th MAY 2023

BONNEVAUX/ROCAMADOUR 280KM (B/L/D)

Meet the group in the morning for meditation before breakfast. After, we reflect on your stay at this truly beautiful place, and it will help to communicate the beauty of the peace of contemplation. Then follow by the celebration of Holy Mass at Bonnevaux.

After lunch, we gather to bid farewell to Fr. Laurence and his team as we depart for sacred village of Rocamadour. Built on 3 successive levels, Rocamadour is both a place of legend and history where old stone houses, majestic towers and a castle keep cascade off the cliff into the Alzou Canyon.



In 1166, an incorruptible body was found buried where the Sanctuary now lays. This discovery propelled Rocamadour to become one of the 4 most important pilgrimage sites in medieval Christendom, attracting Kings and paupers alike. The 216 steps that make up the Great Staircase separate the lower town from the complex of religious structures that are set halfway up the cliff. The Sanctuary made of 8 chapels is built around a central courtyard. The Chapelle Notre Dame and the Vierge Noire statue are the highlight of any visitor's trip. Carved from the wood of a walnut tree in the 12th century, the Black Madonna has ever since drawn worshippers from all over Europe in search of miracles.

Overhead, the 9th-century iron bell is said to ring on its own when somewhere in the world the Virgin performs a miracle. Many recorded miracles are linked to sailors in peril at sea, hence the boats hanging from the ceiling.

Backed against the cliffs next to the chapel lies the UNESCO-listed Basilique Saint-Sauveur, built in the Romanesque-Gothic style. The medieval city is also home to the crypt of Saint-Amadour, just below the basilica. **Overnight: Rocamadour**

DAY10 MON 15th MAY 2023

ROCAMADOUR/PARAY LE MONIAL 111KM (B/L/D)



After breakfast we continue our journey Paray-Le-Monial. Here is the home of the devotion to the Sacred Heart of Jesus and St Margaret Mary Alacoque was to be the instrument that would lead the world back to Christ through the devotion to His Sacred Heart.

We will visit the Sacred Heart Basilica and the Chapel of Apparition. A short walk to visit another

saint - Claude de la Colombiere. Claude, a Jesuit priest in the 17th century who was appointed the spiritual director for the Visitation Sisters in Paray-le-Monial, France. It was here that he met St. Margaret and would give her spiritual direction throughout the years when she experienced visions of Jesus.

Overnight: Paray Le Monial



DAY11 TUE 16th MAY 2023

PARAY LE MONIAL / ARS / LA SALETTE 311KM (B/L/D)

This morning we depart for ARS. Ars is a small town located near Lyon. This little town of Ars is best known for St. Jean-Marie Vianney, the patron saint of priests.



There are several sights of special importance such as: Church, a 12th-century church where the saint preached; Basilica, a newer basilica built next to the church that displays the saint's incorrupt body; Heart Chapel, which contains the saint's heart; Home of St. John Vianney preserved the way he left it; Underground Church constructed for pilgrim groups; La Providence, an orphanage founded by St. John Vianney. We will have Mass. After lunch we take a drive to the French Alps. Upon arrival dinner and

overnight in the Shrine of La Salette X 3 Nights

**DAY12 & 13 WED - THU 17th & 18 MAY 2023
IN LA SALETTE (B/L/D)**



La Salette is in a high alpine pasture in the French Alps, La Salette is the site where the Virgin Mary appeared in 1846 to two shepherds, Melanite Matthew, and Maximin Girard. Our Lady appeared to these shepherds crying, lamenting over the lack of observance of Sundays and the profaning of her Son's holy name. A spring forever marks the spot where the Virgin appeared and where millions of pilgrims come to drink the fresh spring water and to pray. The stunning mountain scenery and lush mountain trails make La Salette one of the most spectacular pilgrimage sites in France, with a beautiful Basilica built to honour the Virgin Mary. All meals in the Shrine.

DAY14 FRI 19th MAY 2023

LA SALETTE / ANNECY / GENÈVE AIRPORT >223KM (B/L)

After Breakfast we will depart for the pretty little town of Annecy an alpine town in south-eastern France, where Lake Annecy feeds into the Thiou River. It's known for its Vieille Ville (old town), with cobbled streets, winding canals, and pastel-coloured houses. Among the magnificent scenery, with the Alps towering above and bordering both Switzerland and Italy, you will find the Basilica of the

Visitation that houses the relics of two famous saints: Saint Francis de Sales and Saint Jane de Chantal.



Since the early 1930s, the soaring belltower of the Basilique de la Visitation has drawn attention to the Visitation monastery by its side. Building was started in 1909, with the monastery accommodating the Visitation nuns from 1911 onwards. Completed in the early 1930s, the church was built following a large funding campaign and a national competition which enabled the second Grand Prix de Rome architect Alfred-Henri Recoura (1864-1940) to be selected. He proposed a Neo-Roman style. An engineering firm specialising in reinforced concrete for the belltower and porch. Underneath its stone cladding, the 72 m high belltower conceals a reinforced concrete structure. The architect called in Hennebique, the leading company at the time in reinforced concrete buildings. The interior décor contrasts with the simplicity of the exterior. The nave columns are made of blue Savoy marble and

the apse mosaic of enamelling from Venice and Briare. The stained-glass windows tell the story of the founding Saints of the Visitation Order. He was proclaimed Patron Saint of writers and journalists by Pope Pius XI.

After mass, we proceed for lunch and then travel to Geneva Airport for our flight EK84 2140/0610 to Dubai.

DAY15 SAT 20th MAY 2023

ARRIVAL KUALA LUMPUR (MEALS ON BOARD)

Connecting EK342 1025/2150 and arrive Kuala Lumpur at 9:50pm this evening. Home sweet home and let us reflect on our experiences that the Lord has given us. We must ponder upon it like Mary as we continue our pilgrimage on Earth.

PILGRIMAGE COST PER PERSON [MALAYSIAN RINGGIT]	
ADULT: TWIN OR DOUBLE ROOM SHARE	ADULT: SINGLE ROOM SUPPLEMENT
RM 14,880.00	RM 3,500.00

REGISTRATION & BOOKING

1. For booking, please complete a copy of the Registration Form and send together a copy of your passport to email: katchan2810@gmail.com or WhatsApp to +60 12 3226922
2. An initial non-refundable deposit of RM1,5000 per person is required to confirm your booking. Payment made to Public Bank Berhad, Account Number: 3186540022 and notify the above email or WhatsApp.
3. Balance payment must be made 60 days prior to departure.

PLEASE NOTE:

4. Above quotation is based on minimum of 32 participants and accompanied by a Spiritual Director

5. Triple-share room is based on twin-share cost and triple room is subject to availability. In the event extra cost, then extra cost will be borne by participants.
6. **The above itinerary is not suitable for persons with serious medical problem and walking difficulties.**

INCLUSION:

1. Return all-inclusive group economy class airfare based on EMIRATES AIRLINES OR similar on itinerary stated with 20kgs of baggage allowance per person. Note: Cost based on ex-Kuala Lumpur.
2. Accommodation in 3- or 4-star hotels inclusive of breakfast daily. And accommodation for 3 nights full board in Bonnevaux and in La Salette. Total: 12 nights
3. Meals provided are as stated in the tour itinerary. Take note, there is NO LUNCH @ Mont St Michel. Excluding meals on board.
4. Basic tipping for Coach Captain and Local Guides is included.

EXCLUSION

1. All participants MUST have a valid Travel Insurance to cover emergency medical expenses, trip cancellation and unexpected hospital expenses. Take note: Travel Insurance does not cover existing illness.
2. Expenses of a personal nature, such as communication cost, laundry, and drinks and etc
3. Deviation cost at the end of the pilgrimage. Airlines normally ONLY allows up to 20% of total group for deviation. This is available based on first come first serve basis.
4. Domestic airfare or any other airfare require for you to join the group from KLIA – Kuala Lumpur.
5. Portorage is NOT included. You are responsible for your own luggage
6. Drinks during meals unless otherwise stated.
7. Optional tours NOT included on the itinerary
8. Any items not mentioned on itinerary

BOOKING & CANCELLATION

1. To confirm your booking, a non-refundable deposit of RM1,500 is payable. Balance due 45 prior to departure.
2. More than 45 days, full refund exclude non-refundable deposit
3. 44 days – 30 days – 50% of the total cost
4. 29 days – 10 days – 75% of the total cost
5. Less than 10 days – NO REFUND

IMPORTANT TO NOTE:

In view to the uncertainties of airlines prices and economy situation, the above costing is a an estimated. The above pilgrimage itinerary is tentative and subject to the availability of hotels and ground conditions. It might change depending on the availability of our flight bookings. The cost is calculated based on the current exchange rate and exchange rate differs, we will have to adjust accordingly.

For further information & registration, please contact:

KATIE CHAN's MOBILE: 012 - 322 6922 OR EMAIL: katchan2810@gmail.com

Pilgrimage operated under MICE Travel Planners Sdn Bhd [KPK/LN 6123]

REGISTRATON FORM – 2023 WCCM FRANCE DISCOVERY

PERSONAL INFORMATION	
PASSPORT NAME:	CHRISTAIN NAME:
ADDRESS:	
MOBILE NUMBER:	EMAIL:
YOUR PARISH:	YOUR MEDITATION GROUP: :
SHARING ROOM WITH:	RELATIONSHIP:

OTHER INFORMATION	
ANY ILLNESS WE SHOULD KNOW ABOUT:	
ARE YOU ON MEDICATION: YES [] NO []	ANY ALLERGY:
MEALS TICK WHAT YOU DO NOT TAKE. PLEASE TICK HERE IF YOU EAT ALL []	
FISH [] SEAFOOD [] PORK [] BEEF [] CHICKEN [] TURKEY [] LAMB/MUTTON [] DUCK []	
ARE YOU A VEGTARIAN, IF YES, PLEASE TICK HERE [] BESIDE VEGETABLES, DO YOU EAT?	
EGG [] MILK BASED PRODUCT, CHEESE, BUTTER AND ETC [] FISH [] SEAFOOD []	
TELL US IF YOU HAVE ANY OTHER MEAL RESTRICTION:	

TRAVEL INSURANCE - IF YOU NEED, PLEASE COMPLETE BELOW	
BENEFICIARY NAME:	RELATIONSHIP:
ADDRESS	
MOBILE NUMBER:	MYKAD NO:

FOR OFFICE USE ONLY	
DEPOSIT PAYMENT:	METHOD:
BALANCE PAYMENT:	METHOD: